



Escola Superior de Enfermagem

S. José de Cluny



CIDNUR

Centro de Investigação,
Inovação e Desenvolvimento
em Enfermagem de Lisboa
Nursing Research,
Innovation and Development
Centre of Lisbon



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Professional Activity:

- Adjunct Professor at the São José de Cluny Higher School of Nursing, Department of Obstetrics and Gynecology.
- Nurse Specialist in Maternal Health and Obstetric Nursing since 2008.
- Nurse Manager of the Maternity Ward, Women's Clinic, and Delivery Unit at Hospital Particular da Madeira.
- Teaching Activity:
 - MRMI (Medical Response to Major Incidents) Instructor since 2013
 - Obstetrics and Gynecology Department: Obstetric emergencies, breastfeeding support, newborn care, and other specialized services.
 - Healthcare Services Management: Organizational behavior, human resources, conflict management, and interprofessional communication strategies.

Academic Activity:

- PhD Candidate in Nursing at the University of Lisbon.
- Master's in Nursing Management.
- Master's in Maternal Health and Obstetric Nursing.

Scientific Activity

- de Sousa AD, Baixinho CL, Presado MH, Henriques MA. Obstetric Nurses Perceptions About Work-Related Musculoskeletal Disorders: Photovoice Study. *Global Qualitative Nursing Research*. 2025;12. doi:[10.1177/23333936241306206](https://doi.org/10.1177/23333936241306206)
- Sousa, A. D., Lavareda Baixinho, C. R. S., Presado, M. H., & Henriques, M. A. P. (2024). Photovoice: a strategy for identify nurses self-perception of occupational exposure of musculoskeletal risks. *New Trends in Qualitative Research*, 20(3), e987. <https://doi.org/10.36367/ntqr.20.3.2024.e987>
- Sousa, A.D.; Baixinho, C.L.; Presado, M.H.; Henriques, M.A. The Effect of Interventions on Preventing Musculoskeletal Injuries Related to Nurses Work: Systematic Review. *J. Pers. Med.* 2023, 13, 185. <https://doi.org/10.3390/jpm13020185>
- Presado, M. H., Marques, F. M. ., Ferreira, O. ., Cardoso, M., Sousa, A. D. ., & Nascimento, T. (2022). Challenges to knowledge translation in the digital age. *New Trends in Qualitative Research*, 10, e517. <https://doi.org/10.36367/ntqr.10.2022.e517>