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- **Telecommunications Operator** – PT Comunicações
- **Emergency Telecommunications Operator** – INEM (National Institute of Medical Emergency)
- **Level III Trainer** – INEM (National Institute of Medical Emergency)
- **Pre-Hospital Emergency Technician** – INEM (National Institute of Medical Emergency)
- **Basic Life Support and Automated External Defibrillator Instructor** – Almas Industries
- **Instructor – Medical Response to Major Incidents** – Madeira International Disaster Training Center
- **Bachelor's Degree in Clinical Physiology** – ESTESC (Escola Superior de Tecnologia da Saúde de Coimbra)