

Bachelor's Degree in Nursing (2012).

Postgraduate Degree in Critical Patient Care (2017).

Specialist Title in Medical-Surgical Nursing, with a focus on Critical Care Nursing (2020).

Nurse at ULS Tâmega e Sousa (Medical-Surgical Emergency Department).

Nurse on the Medical Emergency and Resuscitation Vehicle (VMER).

Nurse on the In-Hospital Medical Emergency Team.

Advanced Cardiovascular Life Support (ACLS) Instructor (AHA / INEM).

Coordinator for Health Response Planning and Organization in Mass Events (OMES).

Deputy Commander at Ermesinde Fire Department.